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My Husband's Affair Became The Best Thing That Ever Happened To Me



Synopsis

The groundbreaking book on recovering from infidelity and surviving marital affairs . . . and coming out stronger and more in love than ever. Courageous, bold, honest. Brian (husband): After nearly two decades of marriage to a sexy, loving woman - with whom I made love almost every night - I came home from work one evening and told her I was moving out, leaving her for another woman. Lucky for me, my wife refused to give up on our marriage. We are now closer and more committed than ever. What you're probably wondering is, if I loved my wife so much, why did I do it? In this book, I have answered that question. Danielle (teenage daughter): When my father told me he was leaving my mother for another woman, I felt it was me he was abandoning. I wondered "what has my whole life been so far, a joke" In this book, I share the truth about my feelings Anne (wife): My Husband's affair became the best thing that ever happened to me, yes eventually, but it was also the most devastating of my life. There was a time when I wondered if I could even live through it. What people are saying."Riveting . . . Mesmerizing . . . I couldn't put the book down" "My Husband's Affair" deliberately removes itself from providing "the theoretical and psychological" explanations for the why of infidelity and instead purposes to take readers on a gut-honest, courageous, straight-from-the-heart journey into the lives of a couple/family who endured the aftermath of an affair. A must-read before couples, facing infidelity, make life decisions they may later regret. This book provides an alternative to the expected . . . hope that it's not over. Don Huston, BTh, MC, RCC, Couples Therapist This book makes a wonderful contribution to the growing willingness of couples to "break the code of silence" and share their experience with affairs in order to help others. It offers clear insight into the pain involved as well as great hope for the power to recover

Book Information

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Customer Reviews

Story in a nutshell : Husband Brian gets married much too early in life, loses his business, declares bankruptcy, uproots his wife and family without consulting them regarding their relocation, and then loses his father to terminal illness. Secondary to all these psychosocial stressors, Brian has a midlife crisis, loses faith in his religious beliefs, and decides to "get some strange" on the side with a female serial philanderer who is less attractive than his spouse. Brian creates a convenient excuse for his midlife crisis affair : his devoted wife Anne does not respect him or listen to him or let him watch sports programs on Cable TV, and that is the "cause" for his infidelity. Never mind about the loss of his business, recent relocation, or the loss of his beloved father. Wife Anne is to blame for his infidelity in his eyes. Wife Anne loses over 20 pounds in one month through starvation, buys sexy new clothes, gets Cable TV in the home, grovels in front of her unfaithful husband, and then gets him back at the cost of her self respect. She sleeps in the nude and has sex with Brian when he comes home to her while still seeing the other woman. Brian lies, gets drunk and gets a DWI. Codependent wife Anne and oldest daughter Danielle drive him to and from work every day because he loses his driver's license. Daughter Danielle becomes depressed and attempts suicide twice. Brian creates disruption and havoc in the home but Anne is ultimately responsible in his eyes. Brian is emotionally abusive and gives his wife the finger while they are conversing about his affair and how to restore their marriage while seated in a hot tub at the health club.

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